



D of E Gold Award

**Information and Enrolment
Pack 2020**

Dear Bennett Parent,

We are delighted to offer all Bennett students aged 16 or over the opportunity to enrol on the largest youth award programme in the world, in particular the character-forming Gold level of the Award.

Continuing with the Award at Gold level is an exciting prospect and completing the Gold Award during your time in the sixth form is a great accolade. You will have achieved an outstanding award worthy of an invitation to a Royal Palace to receive your Award from a member of the Royal Family!

Without doubt, this Award is highly recognised worldwide by both industry and universities and will set you apart as a candidate worthy of interview. In fact, there are national companies who guarantee to interview Gold Award applicants.

Enrolling on the Gold D of E by the start of Y12 allows students to complete their Award before leaving school at the end of Y13. However, there is no requirement to do so, and you have until your 25th birthday to complete it and many universities will help with the D of E programme. After leaving Bennett there will always be the ongoing support from the DofE Centre at Bennett Memorial but by far the most optimal programme of completion falls within a student's time here in school. This programme, below, allows you to complete the Award before the A2 examinations in Y13.

Award Programme

Volunteering	Physical	Skills	Expedition	Residential
Minimum 1 Hour a week for 12 months	Minimum 1 Hour a week for 6 months plus an additional 6 months in one of the sections.		Attend a 3-day, 2-night advanced navigation training event. Plan, train for and complete a 4-day & 3-night Practice and separate Qualifying Expedition.	Undertake a shared activity in a residential setting away from home for 5 days and 4 nights with others you don't know*.
Direct entrants must undertake an additional 6 months in either the Volunteering or the longer of the Physical or Skill section.				*You may attend a residential with one other person known to you. Conditions apply.

Understanding the Time Requirement

It is important to understand the time requirement for the section activities. Six or twelve months must be undertaken at a minimum of 1 hour per week. If attendance for a week, or more, is missed due to holiday or because the activity is seasonal then additional weeks must be added. Six months would therefore be 26 attendances of at least 1 hour a week over at least a six-month period.

There is no requirement to have completed the Silver Award to enrol on Gold. Direct enrolment at Gold is welcome. The minimum age requirement is 16 years old.

Direct entrants should attend both of the New Forest training weekends (at no extra cost) to ensure navigation skills are second nature.

Costs for 2020 expeditions:

We are pleased to maintain the price for the Gold Award for the fourth year without increase.

Practice Expedition. April 2020	£225.00
Assessed Expedition. October 2020	£250.00

How to Enrol

Please complete the attached enrolment form and return to the DofE Centre, C1. Please log on to www.parentpay.com to pay this, noting that the first payment of £125 includes the enrolment, the New Forest training weekend and the EFAAW. Further payments for the practice and assessed expeditions can be made on ParentPay at any time but will be requested three months prior to the start date of expedition. Payment by monthly instalments is also acceptable by arrangement.

Enrolment Deadline

We encourage students to enrol as soon as possible, the training for the Gold Expeditions will start during Term 2 2019. You must enrol by 29th November to be included on the Emergency First Aid at Work (EFAAW) course the following day.

Please ensure you complete all three Silver activity sections and upload assessor reports. A Gold activity section cannot start until the corresponding Silver section is completed.

There is no cap on numbers undertaking their expeditions. In the past, we have managed expeditions with 7 teams and over 40 participants. In the current Year 12 we have over 30 students enrolled on the Gold Award.

Bennett Memorial staff hugely support the programme. At the Gold Award, we bring in Mountain Leader qualified staff to assist with the New Forest training weekend and to help supervise on Expeditions. Additional volunteers are also welcome to assist with driving logistics, catering on expeditions and helping to man checkpoints. Volunteers on the Gold expeditions are accommodated, well looked after and usually join the Mountain Leaders when walking and supervising the teams.

If you would like to become involved as an Expedition Supervisor or Assessor then please contact me. For every two teams on practice and assessed expeditions we must have a minimum of one trained Supervisor. Assessors can only assess a maximum of two teams.

Supervisor and Assessor Training will be delivered to the requirements of the Award scheme at Bennett Memorial or locally. This is a zero cost, one-day course. The Expedition Supervisor certificate is transferable to other units and is valid for five years.

The Award

The Gold Award at Bennett Memorial School has had a tremendous response with more students enrolling each year. We usually have 30 to 40 students to start their Award each year but are always keen to take more.

The minimum period in which you can complete the Gold Award is 12 months. With the training and expedition tailored to complete before the final run to A2 examinations in the summer of 2021.

You actually have until you are 25 years old to complete the Award.

Direct entrants to the Gold level are welcome; there is no requirement for the Bronze or Silver Award to be completed before enrolment on the Gold. Direct entrants should complete an additional 6 months in one of the 12-month sections.

Students new to the sixth form at Bennett can enrol with us for Gold. If you have previously been enrolled on Bronze or Silver elsewhere then your eDofE account will simply be transferred over. If you have completed the previous levels of the Award then, for the activity sections you can continue with the same activities or choose new activities.

To assist with completing one section of the Award, participants may use curriculum lessons each Wednesday afternoon to complete the Physical, Volunteering or Skill activity section.

Volunteering Section

Please be aware that you cannot volunteer for a commercial organisation, for instance a vet or local shop. The Duke of Edinburgh Award take the view that you are possibly taking a paid position. Volunteering should, wherever possible, be for a charity. If in doubt, ask me. It would be a shame to spend 12 months volunteering for an organisation to find that it would be disallowed.

Within the DofE Centre at Bennett, we are able to offer volunteering opportunities. Please see me for full details. Essentially this will include some equipment maintenance, helping with several office tasks (work experience) and, most importantly, helping to train and encourage the Bronze Award participants in Y10 to complete their eDofE planners, helping to upload activity evidence, helping with the expedition planning and to help Supervisors on expedition training, practice and assessed weekends. A one-day certificated DofE Expedition Supervisor course is also available.

Skills Section

If you are completing a 'Skill' that requires evidence such as cooking, photography, art, sports appreciation or learning about a charity or trade then you must provide evidence of the activity. Parents cannot sign off an activity as an Assessor. I will write the Assessor report, so let me have a file of photos or project work from the activity. Keep a log of what you have done, times and dates. All of the supporting evidence can be uploaded to your eDofE account.

Within the DofE Centre at Bennett, we are able to offer a skill opportunity for a small group of Gold Participants. This is using Wednesday afternoon to design, write and produce a series of short promotional and instruction videos to be used in Bronze Training to Year 10 students.

Physical Section

Most sporting activities are included in this section. If in doubt, please ask as there are some 'sports' which are actually listed under skills, for instance shooting is listed as 'Marksmanship.'

e-DofE

All participants have an online eDofE account. Please keep this up-to-date with activity details and upload your evidence. In due course, you can upload your activity Assessor Reports (found in the Gold Participants' Handbook).

Recording activity participation

It can be difficult proving that you have completed an activity, particularly where this is an individual activity such as running or cookery at home. I suggest you download and print the activity log sheet available on the school website. Every week when you complete the activity, record what you have done; when you have completed the activity upload the log sheet as evidence and ask your Assessor to complete the Assessor Report. Activity log sheets and Assessor report forms are available on the school website. Find these on the Duke of Edinburgh Award section, under co-curricular.

Training and Support

Training and support towards achieving the Award, in particular the expedition planning, will take place each Tuesday during lunchtime. Participants (as whole teams) should attend from 12:45 to 1:30pm This commences in Term 2 and planning will take place in room C1.

Expedition teams will be required to attend one planning session a week.

It is important to attend weekly in order to proceed to the Expedition section of the Award. Training sessions are suspended during exam periods and study leave.

After enrolment you will receive a Gold Participant Handbook from DofE, this contains a lot of additional information and a helpful card for sectional Assessors to guide them with their assessing duties. Once you have completed a section, you will need to arrange for your Assessor to complete the report card with details of the activity undertaken, this will need to be scanned and uploaded onto your personal eDofE account. Alternatively, an Assessor can load a report online through eDofE, this report will come to me for verifying. All his Assessor needs to do this is your eDofE ID number (issued at enrolment) and internet access.

eDofE account activation and training will be ongoing.

Progression of the Award Programme at Bennett Memorial School:

May-Nov 2019	Sept-Dec		Jan-March 2020	April	June-July	Sept-Oct	Dec
Enrolment. Start Sectional Activities	Activity Reviews. Handout Award Packs	Class-Based Training	Expedition Planning & Practical Training. Complete 6m activity.	Practice Expedition	Assessed Expedition Planning	Assessed Expedition. Complete 12-month activity.	Venture Project Presentation

Expedition Section

The expeditions at Gold level take place in what is termed as 'wild country'. Generally, these areas are the National Parks in the UK. Expeditions are 6 days for the Practice and 7 days for the Assessed with two days for travelling by minibus to the expedition area and 4 days on expedition. On the Assessed Expedition, we allow an extra familiarisation day.

Accommodation during the expedition is by camping at farm sites; 'wild camping' is also possible, this is camping away from any support or facilities such as water and toilets. Base accommodation is either bunkhouses or Youth Hostels.

At this level and in the wild country environment, the 'leave no trace' policy becomes essential, the Expedition Supervisors ensure we all stick to this policy; individuals are responsible for carrying all their own rubbish.



Brecon Beacons Wild Camp

Expedition teams comprise 5 to 7 people.

Additionally for this year, we are able to offer a Gold Expedition programme on the water, using bell boats travelling against the flow of the River Thames. This is with our Approved Activity Provider, Ben Bullen Adventures Ltd. For more details visit www.benbullenadventures.co.uk.

In 2018 we investigated the possibility of an expedition on horseback, unfortunately this did not materialise but we have found a pony trekking company who will provide us with ponies and instructors. We would need a team of six to make this viable.

If you and a group of friends are interested then please get together and come and see me in C1.

Training and Expedition Planning

Other than the New Forest training weekend, all training, the First Aid course and expedition planning will take place at school.

Expedition planning is completed in teams so that all members have input in the choice of route and all take part in making detailed route cards. This ensures that no one person takes a lead role and all have an opportunity to learn from the experience and to decide on the type of venture undertaken. Supervision of participants during expeditions in wild country is carried out by Mountain Leader qualified staff and volunteers. On the Practice Expedition, all teams are closely supervised for the first day as a minimum, for the following three days the supervision will be reduced to a point where the team is remotely supervised and seen at camp in the evening.

Even when on the unsupported Assessed Expedition, the teams are still monitored on a daily basis by their Supervisor in addition to the observations made by the Assessor. In the event of poor weather, the supervisors close up and keep in touch with participants.

Expedition planning is a long process, taking about an hour a week. We start planning several months before an expedition and compile routes, route cards, map tracings, alternative severe weather routes, venture project details, menus, equipment lists and a wild country application form. All this has to be finished and sent to the DofE Network Coordinator for the region we propose to visit. They are then in a position to advise us of any local access difficulties.

It is obviously understandable if a participant cannot make all of the planning sessions; however, you are expected to be an active member of the team.

Whether walking, cycling, canoeing or riding the expedition section all participants will complete the Expedition Training in the New Forest.

The Expedition

The prospect of a four-day expedition is keenly anticipated by most.

We tend to keep to England and Wales for the expedition week, costs of travelling further afield to Scotland or the continent are likely to put the Gold Award out of reach financially for many people and there is no requirement for the expedition to be undertaken in remote areas of the world. The UK has plenty to offer.

At Gold level, we expect and the terrain demands a high level of organisation, navigation and camping skills. The weather in the British mountains can be unpredictable and on occasions severe. On arrival at a campsite, tents must be put up quickly and a cooked meal produced, the camp area must be kept tidy and organised to avoid personal kit becoming wet.

Peak District



Snowdonia



Yorkshire Dales



Brecon Beacons

Personal Fitness

There are considerable risks associated with strenuous exercise when not physically prepared. Not least you will find it particularly hard and painful to walk with an expedition pack if unfit.

As well as walking to get used to your boots and equipment you must undertake a period of cardiovascular endurance training, this could include gym work, swimming, walking, cycling and jogging or running.

I suggest you get together with your team for some organised local walks, this will help you find a walking speed for your team. You could also carry a light rucksack and practice some navigation.

Food, Hygiene & Menu

Menus are planned and food purchased as a team. Participants must also cook as a team on each expedition. Each team must have at least one hot meal each day when on the expedition, that meal should be breakfast or dinner, with a recommended maximum cooking time of 15 minutes.

Participants must carry the following food:

4 lunches, 3 breakfasts, 3 evening meals plus, emergency rations*

A minimum of 1 litre of water, high energy sweets and treats.

***Emergency rations**

Emergency rations become very important at Gold and is not an exercise. In the event of an accident or serious incident especially if this is on the last day then the team may have to rely on emergency supplies. Rations are easy to eat food giving quick energy; chocolate, flap jacks, boiled sweets, dried fruit and nuts are all good. We recommend in addition that there should be a small meal as well. The rations must be sealed in a bag, kept in the rucksack and not opened unless in an emergency. Rations are checked at the start and end of the expedition along with other essential safety equipment!

It is vitally important that all participants have a good breakfast with a warm drink. Some participants actually skip breakfast with detrimental consequences. We encourage participants to plan a breakfast they will look forward to having. A high calorie count is essential with possibly as much as 5000 calories a day being used.

Top Tip:

Porridge oats with powdered milk, adding sugar, cinnamon, nutmeg, raisins, chocolate, etc. to taste. Mix in a sandwich bag, then simply pour hot water in the bag and eat out of the bag. No washing up! And a great way to keep your hands warm. Slow releasing energy to get you well past lunch if required.

Museli with instant custard. Make up a packet of instant custard and pour onto a mug of museli. Surprisingly delicious and very sweet!

Equipment

Each participant must have suitable personal equipment for a week outdoors in the British mountains. This does not mean that you have to spend hundreds of pounds on arctic standard clothing, however a good pair of boots (3 Season), quality woollen socks and good waterproofs will be money well spent. Generally, walking trousers and a couple of fleece tops will be sufficient as well as a 3 season sleeping bag and cotton liner.

Maps, compasses, tents, stoves and fuel are supplied by the school. Other equipment is available to borrow.

Personal kit is checked by Supervisors and Assessors before the expedition. This is to make sure that all essential kit is being carried and non-essential is left behind.

Ideally for expedition you should have 2 sets of clothing, one set to walk in and one set to wear in camp and sleep in, this second set must be kept dry.

Expedition Kit List

Personal clothing for 4 days.

- Strong soled walking boots (trainers are not permitted)
- 4 pairs of thick socks. One pair per day. (School/sport socks are not suitable and do not cushion the foot). A wool rich woollen trekking sock is essential
- 2 pairs walking trousers – **no jeans/jogging bottoms**
- 2 shirts
- Warm jumper
- Fleece
- Underwear for 4 days
- Waterproof jacket, with hood – essential it is waterproof
- Waterproof over-trousers
- Clothes to sleep in (kept dry).

Personal kit

- Rucksack 65ltr minimum (80 ltr recommended)**
- Rucksack waterproof liners (or strong plastic bags/ rubble bags)
- 3 season sleeping bag + liner**
- Sleeping mat**
- Personal first aid items / medication
- Watch
- Small quantity of money to make a telephone call
- Notebook and pen or pencil
- Torch and spare batteries
- Emergency rations in a sealed bag
- 1 litre water bottle
- Knife, fork, spoon; plate, mug and bowl
- Toiletry bag (Tooth paste, tooth brush, small hand towel, wet wipes, toilet paper & nappy bags)
- Whistle
- Sun hat / cream / sun glasses or woolly hat & gloves depending on the time of year
- Gaiters
- Shorts if appropriate
- Emergency Survival Bag**
- Trekking Poles**.

Group kit (divided among the group)

- Tent, Cooking stove and fuel*
- Small bottle of washing up liquid & scorer sponge
- Tea towel
- Trowel
- OS Map, Compass & Map case, High Vis Jacket, Permanent pens*
- Digital Camera
- Plastic bags for rubbish
- Food for the 4 days
- Matches (in a small container to keep them dry).

* Supplied by school.

**Available to borrow.

Mobile Phones

The use of mobile phones for social calling and texting is not allowed during the expedition, including at the campsite. This is to encourage the sense of independence within the team. Phones must be switched off, sealed in a waterproof bag and kept in rucksacks for use only in an emergency or an important need to contact their Supervisor.

Should you have any question regarding the Gold programme or requirements then please do not hesitate to contact me.

I hope you consider enrolling on this highly regarded Award. To date we have 128 students from Bennett Memorial who have completed the Gold Award with many attending the Gold presentations at St James's Palace and Buckingham Palace.

Yours sincerely,

Chris Morris

Mr Chris Morris
Mountain Leader
Duke of Edinburgh Award Coordinator
E: morris@bennett.kent.sch.uk
Tel: 01892 521595

23rd May 2019

EFAAW

Saturday November 30th 2019, C1 & C2 Bennett Memorial School. (Additional date in early 2020 TBC).

9:00 am to 5:00 pm. Notebook and pen: packed lunch and comfortable clothes required.
Joining Instructions will be issued by our Training Provider.

Gold New Forest Training

**Either: Friday 13th to Sunday 15th March 2020 OR
Friday 20th to Sunday 22nd March 2020.**

Direct entrant participants are expected to attend both weekends at no extra cost to better prepare for the navigation challenge.

Packing: Expedition Rucksack with standard kit & small travel bag for spare clothes additional sleeping bag or blanket if forecast to be cold (kept in minibus).

Monday 9th & 16th March 2020

12:40 Check and label tents, stoves, etc.

Tuesday 10th & 17th March 2020

12:45 Final trip briefing. Weather Forecasts and Adapting Plan accordingly.

Friday 13th March / 20th March 2020

Travel & training day

08.15 Staff Car Park, Load Van, Rucksack, tents and stoves, all group kit
12:35 Get Changed, packed lunch in C1, depart as soon as possible
15:30 Arrive New Forest
Navigation refresher and measuring distance by pacing & timing
Venture Project research
Safety and personal hygiene talk
20:00 Walk to Red Shoot camp site
Evening Team building Exercise and discuss personal objectives.

Day 1 – Saturday 14th March /21st March 2020

Walking & training day

8:00am Breakfast & De-camp
8:45am Start of morning session & two day expedition for direct entrants
Food & hygiene
Navigation: 100m pace, timing, compass, map, etc.
Practical navigation training
Navigation exercise in pairs finding locations
12:30pm Lunch
Start of afternoon session
Emergency procedures: practical stretcher, emergency camp/ benighted
Navigation exercises to second wild camp
Set up camp, timed, simulated emergency, poor weather, etc.
Benighting procedure, emergency camp location and procedures
Emergency first aid practical and discussion
Weather discussion

Evening Evening meal
Night Navigation exercise around a controlled area
Poor visibility and adverse weather talk.

Wild Camp night 2 – Fritham Farm.

Day 2 – Sunday 15th March / 22nd March 2020

Training and return travel day

7:30am	Breakfast & De-camp
8:45am	Start of morning session Food & Hygiene Review night navigation exercise Navigation exercise in teams under practice expedition conditions and remotely supervised
2:00pm	Finish at Cadnam Pool: Sort equipment, dry tents, team de-brief. Feedback on Personal Objectives
3:00pm	Return Journey to school stopping at Fleet services, please bring a small amount of money to buy food
6:00pm	Estimated arrival back at Bennett.

Brecon Beacons National Park Wild Country Practice Expedition Schedule

Monday 6th-Saturday 11th April 2020.

Aim

To provide a controlled wild country walking and camping experience and put into practice all elements gained from the training module. Participants learn from mistakes; test equipment and food choices, ascertain why mistakes have happened so that further training can be focused on areas where needed before the qualifying venture. To demonstrate a safe and competent venture as part of the 20 conditions for the expedition section of the Award.

Delivery

This is a 4-day expedition in wild country, usually the Brecon Beacons or Dartmoor. In addition, 2 days travelling and preparation; supervised by Qualified Mountain Leaders, supported by experienced parent support with hill walking and camping experience.

Sunrise: 06:40

Sunset: 19:55

Day 1 – Monday 6th April 2020

Travel & Preparation day

7:30am Participants arrive at school
Pack mini-bus & final kit check

8:30am Leave Bennett
Lunch at Membury services on M4
Please bring packed lunch or a small amount of money to buy a meal

Evening Evening meal self-catering
Participants will be expected to help prepare meals and wash up
Formal Introductions & final briefing
Kit Check, pack expedition rucksacks.

Day 2 – Tuesday 7th April 2020

Expedition Day 1

7:30am Breakfast, self-catering

8:30am Start of expedition
All teams will be closely supervised for whole day
Each team will have a qualified Mountain Leader Supervisor

5:00pm Arrive at Camp
Cook evening meal & discuss venture project
Overnight camp. Leaders may camp or will return to base camp.

Day 3 – Wednesday 8th April 2020

Expedition Day 2

7:00am Breakfast & De-camp

8:30am Start of expedition day
Teams will be under close supervision part or whole day, at Expedition Leader and Supervisor's discretion

4:30pm Arrive at Camp
Evening - Cook evening meal
Supervisors and Leaders return to base camp
Overnight camp

Day 4 – Thursday 9th April 2020 Expedition Day 3

7:00am Breakfast & De-camp
8:30am Start of expedition day
 Teams will be under close supervision part or whole day, at Expedition Leader and Supervisor’s discretion.
4:30pm Arrive at Camp
 Evening - Cook evening meal
 Supervisors and Leaders return to base camp
 Overnight camp

Day 5 – Friday 10th April 2020 Expedition & de-brief Day 4

7:00am Breakfast & De-camp
8:30am Start of expedition day
 Teams will be under close supervision part or whole day, at Expedition Leader and Supervisor’s discretion
4:30pm Arrive at Base Camp
Evening Evening meal at local restaurant or self-catering. Price included in expedition fee
 Overnight camp or Bunkhouse accommodation.

Day 6 – Saturday 11th April 2020 Return journey

8:00am Breakfast at local restaurant. Price included in expedition fee.
9:00am Return Journey back to Bennett
12:00 Rest/stop at M4 services. Please bring a small amount of money for snack/lunch
3:00pm Estimated arrival at Bennett

Please note this outline schedule may change subject to participant numbers, accommodation availability, etc.

**Yorkshire Dales National Park Wild Country Assessed Expedition Schedule
Sunday 25th –Saturday 31st October 2020.**

Aim

To demonstrate a safe and competent venture as per the '20 Conditions' of the D of E expedition section. Assessed by Network Assessors to the high standard expected at Gold Award.

Delivery

A 4 day expedition in a UK National Park, plus 3 days travelling and preparation; supervised by Qualified Mountain Leaders, supported by experienced volunteers with hill walking and camping experience.

Sunrise: 06:50 Sunset: 16:45

Day 1- Sunday 25th October 2020 Travel Day

7:30am Participants arrive at School
Load van and minibuses, final kit check
Travel
Bring a packed lunch or a small amount of money to buy lunch
2:30pm Arrive Expedition area
Familiarisation walk-small daypacks required
6:30pm Evening meal
8:00pm Discuss requirements for tomorrow
Make Own packed lunches for Monday. Ingredients Supplied
Social/board/table games
10:00 Lights out.

Day 2 – Monday 26th October 2020 Acclimatisation Day

7:30am Breakfast
9:00am Familiarisation walk local hills – medium daypacks required;
Kit required Full Waterproofs
Lunch
Fleece, Hat, Gloves
Torch
Survival Bag
Emergency Rations
Small First Aid kit
Tent, Stove, gas and Food (1 set per team)
3:00pm Teams with remote starts could leave centre to camp near expedition start points
6:30pm Evening meal
Make Own Packed lunches for 4-day expedition. Ingredients Supplied
Assessor's pre-expedition checks & final briefing
Team discussion & early night

Note: Expedition start time each day is 7:00am. This is an absolute latest start time. Teams should aim for a start time nearer to 6.30am and aim to reach camp by 3:00pm. Be aware this is the week following the daylight saving so it is getting dark earlier, make use of the light at the start of each day.

Day 3 –Tuesday 27th October 2020**Expedition Day 1**

6:00am	Early Wake up, pack Expedition bags, and get ready to leave
6:30am	Breakfast (Teams with remote starts first)
7:00am	Minibuses leave with remote start teams
7:00am	Start of expedition Assessor briefing, remotely supervised
4:00pm	Teams start to arrive at Campsites. Supervisors check all okay & return to base camp
4:41pm	Sunset
Evening	Cook evening meal & discuss venture project Participants overnight camp

Day 4 –Wednesday 28th October 2020**Expedition Day 2**

6:00am	Breakfast & De-camp
7:00am	Start of expedition day - Remote supervision
4:00pm	Teams start to arrive at Campsites. Supervisors check all ok and return to base camp
4:39pm	Sunset
Evening	Cook evening meal Participants overnight camp

Day 5 –Thursday 29th October 2020**Expedition Day 3**

6:00am	Breakfast & de-camp
7:01am	Sunrise
7:00am	Start of expedition day - Remote supervision
4:00pm	Teams start to arrive at Campsites. Supervisors check all ok and return to Edale YHA
4:37pm	Sunset
Evening	Cook evening meal Overnight camp

Day 6 –Friday 30th October 2020**Expedition Day 4**

6:00am	Breakfast & de-camp
7:03am	Sunrise
7:00am	Start of expedition day - Remote supervision
4:00pm	Teams finish expedition, Assessor debriefs Walk in to Remote Pick Up Return to base camp, wash & clean kit
4:35pm	Sunset
7:00pm	Evening Meal Expedition de-briefing & Social

Day 7 –Saturday 31st October 2020**Return Journey**

7:15am	Bags and Rucksacks to Minibus and Transit Van
7:30am	Breakfast
9:00am	Return Journey to Bennett Stop at Motorway services for lunch (please bring a small amount of cash for this)
4:00pm	Estimated Arrival at Bennett un-pack & clear vehicles
4:30pm	Parent pick up from school.

Please note this outline schedule may change subject to participant numbers, accommodation availability, etc.

Enrolment form overleaf. Please detach and return to Bennett DofE Centre, C1.



THE DUKE OF
EDINBURGH'S AWARD

Bennett DofE Centre *Directly Licenced Centre*



Gold Award 2020 Enrolment & Parent Permission Form

Surname: _____ Forename(s): _____

Date of Birth: _____ Year & Tutor Group: _____ eDofE ID: _____

Address: _____

Home Telephone Number (Including STD Code) _____

Mother's/Father's daytime telephone number _____

Parent email (for Award Notices): _____

Participants Mobile (Use on Expedition only): _____

Expedition Programme Permission information required:

Special Dietary Requirements: _____

Special Medical Requirements: _____

Doctor's Name & Telephone Number: _____

Any other information regarding your child which may be of use: _____

I give permission for my child to take part in (Please diary all dates and keep free):

- | | | |
|----------------------------|---|----------------------|
| EFAAW Course | Saturday 30th November 2019 or Saturday January/February 2020 TBC | |
| Expedition Training | Friday 13th - Sunday 15th March 2020 | } Attend one weekend |
| Expedition Training | Friday 20th - Sunday 22nd March 2020 | |
| Practice Expedition | Monday 6th - Saturday 11th April 2020 | |
| Assessed Expedition | Sunday 25th - Saturday 31st October 2020 | |

I understand the nature of the activities involved and students will be remotely supervised by a DofE Supervisor and I give permission for my son/daughter to attend the above dates.

I give my permission to the Supervisor in charge of the group to authorise, on my behalf, the administration of an anaesthetic or for any other urgent medical treatment.

I have paid the minimum of £125.00 on ParentPay to account 'DofE Gold 2020'.

Parent's Signature:

Print Name: **Date:**

Please check on your calendars (including the School Calendar) to ensure the Participant is able to make all the relevant dates as we are unable to run additional expeditions.