

**Curriculum Map for RSE and HE, Summer 2020, reviewed by or before Summer 2023**

\*The section in bold is eligible for parental withdrawal.

\*The section underlined is where a young person, over the 3 terms until 16 threshold, might choose to withdraw themselves.

<b>Mental wellbeing</b>	Internet safety	Drugs, alcohol, tobacco	Families	Respectful relationships	Online & Media
Changing adolescent body	Being Safe	Intimate and sexual relationships inc. sexual health	Basic First aid	Physical health; healthy eating; health & prevention.	

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Puberty, including key facts about the changes that happen to the adolescent body, menstruation and the implications for emotional and physical health.	Basic first aid, including treatment for common injuries, CPR and defibrillators.	Internet safety, including how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours.	Health (In Biology lessons) including infection, antibiotics and vaccination, blood, organ and stem cell donation, cancer, cardiovascular health, healthy eating and lifestyle, the effects of exercise on physical and mental health, puberty and menstruation	Cancer screening, including the facts surrounding cancer including how to identify signs and symptoms and where to access support and information.	PACE units occur at a variety of times on a carousel and include *Faith & Faithfulness: The variety of moral responses to these areas for Christians and non-Christians: Relationships and commitment; Love; Marriage and sex; homosexuality.	Receive a RE programme on relationships which cover the Christian perspective on relationships and sexuality and provide opportunities to interact with a panel via online question posting and ranking.
Internet safety, including how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they	Discrimination, including How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or	<b>Mental health, including how to talk about emotions, the importance of being connected to others, how to recognise early signs of mental health concerns, common types of</b>	Internet awareness, including how to critically evaluate online content including social media, airbrushed images, targeted advertising and online gambling.	<b>Mental health, including How to maintain good mental health and reduce stress through strategies such as exercise. How to critically evaluate when something they</b>	*Risk including Consent and the Law; <u>STIs; contraception; consent; consent in the news.</u>	

have been affected by those behaviours.	disability, can cause damage.	mental illness (eg. Anxiety and depression) and how to evaluate how their actions positively and negatively affect their and others mental health.		do or are involved in has a positive or negative effect on their own or others' mental health.		
Social communication, Identifying that happiness is linked to being connected to others. How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health. How to talk about their emotions accurately and sensitively, using appropriate vocabulary.	Harmful substances, including the physical and psychological risks and laws and available support relating to legal, prescribed and illegal drugs, alcohol and tobacco.	<b>Sexual health, including the characteristics of a healthy relationship, the physical, mental and emotional aspects of sexual relationships, the importance of consent, the option to delay sex, how to resist pressure, the facts surrounding STIs and contraception and where to access advice and support.</b>	Abusive relationships, including the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.	Sexual health (In biology lessons) including the facts surrounding STIs and contraception.	*Wise choices: Internet Safety and identity; anti-radicalisation; drug and alcohol awareness; debate.	
The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation	Puberty, including key facts about the changes that happen to the adolescent body, menstruation and the implications for emotional and physical health.	Harmful substances, including the physical and psychological risks and laws and available support relating to legal, prescribed and illegal drugs, alcohol and tobacco.	Consent, including how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).	PE: The Importance of physical exercise and a healthy lifestyle.	Geography: The democratic system and how it effects British national identity.	

and ending relationships. This includes different (non-sexual) types of relationship.						
Families, including different types of families, the characteristics and legal status of different types of stable relationship including marriage, how families contribute to happiness and their importance for raising children.	Pregnancy, (In science lessons) including the stages of pregnancy and miscarriage.	Cancer, the facts surrounding cancer including how to identify signs and symptoms and where to access support and information.	Pornography and sexting, including how specifically sexually explicit material can affect perception of sexual behaviours and negatively impact relationships and that sharing and viewing indecent images of children is a criminal offence which carries severe penalties including jail.		PE: The Importance of physical exercise and a healthy lifestyle	
PE: The Importance of physical exercise and a healthy lifestyle.	Geography: The effect of birth control on populations.	Geography: The implications of the one child policy.	Geography: Drug trafficking.			
Health, including personal hygiene, dental health, healthy lifestyle and sleep.	Computer science: Internet safety including cyberbullying, sexting and revenge porn.	English: An exploration of different types of relationships including family, friendship and love.	Religious studies: Different <b>religious views about sexual activity</b> , marriage, divorce, <b>contraception</b> and homosexuality.			

			Ethics around <b>abortion.</b>			
	PE: The Importance of physical exercise and a healthy lifestyle.	PE: The Importance of physical exercise and a healthy lifestyle.	PE: The Importance of physical exercise and a healthy lifestyle.			

\*LGBT is not included as a separate topic, but LGBT issues are referenced through the relevant topics including family, relationships, sexual health and discrimination.