

SAFEGUARDING AND PASTORAL CARE DURING A SCHOOL CLOSURE

During the school closure due to the developments in the Covid-19 pandemic, parents should be aware of the following support networks available to them in this period. We understand that this could be a worrying and stressful time for families and we would like to make sure that families continue to feel supported by their networks in school and also know how to access support from outside agencies whilst we are closed.

While we will do our utmost to be contactable during a school closure, we cannot guarantee that we will be immediately available to answer queries and offer guidance. Members of the welfare team that work currently with your child and family will be able to keep contact with you, but again the frequency and timing of this contact cannot be guaranteed.

In the event of an immediate and emergency safeguarding situation, please notify the Designated Safeguarding lead, Dr Karen Brookes and take the appropriate action set out below.

Dr Karen Brookes brookes@bennett.kent.sch.uk Designated Safeguarding Lead

Mrs Vicki Woosey woosey@bennett.kent.sch.uk Deputy Designated Safeguarding Lead

Mrs Nicola Santaana santaana@bennett.kent.sch.uk Deputy Designated Safeguarding Lead

Mrs Rachael Chibhaga chibhaga@bennett.kent.sch.uk Deputy Designated Safeguarding Lead

In an immediate and emergency safeguarding situation, families should contact the following:

Kent Social Services

03000 41 11 11 (Monday to Friday, 9am - 5pm)

03000 41 91 91 (outside of office hours - for emergencies only)

text relay 18001 03000 41 11 11

email: social.services@kent.gov.uk

East Sussex Social Services, Single Point of Advice (SPOA) team

01323 464222

Opening hours: Monday to Thursday 8.30am to 5pm, Friday 8.30am to 4.30pm

Emergency Services

999 or 111, or visit the nearest A&E Department

Samaritans

Freephone 116 123 (free even from mobiles without credit)

Papyrus (Hopeline) – for preventing Young Suicide

0800 068 41 41 or Text: 07786209697

Release The Pressure – open to anyone 16 years or older in Kent and Medway to provide confidential support in an emotional crisis or advice

Freephone 0800 107 0160

Other useful resources

NHS Community School Nursing Teams

Support for students with emotional wellbeing concerns, self-referrals available

Kent <https://www.kentcht.nhs.uk/service/school-health/>

East Sussex <https://www.kentcht.nhs.uk/service/school-health/school-health-service-east-sussex/>

Chat Health

07520 618850

Mon to Fri 9am to 5pm

A confidential texting service for young people aged 11-19 in Kent. Young people can talk about stress, anxiety, depression and really anything they need emotional support in.

Kooth.com

Online counselling and support and resources for young people

Monday – Friday 12pm – 10pm

Saturday – Sunday 6pm – 10pm

West Kent Mind

Resource for young people and families to gain support

<https://westkentmind.org.uk/>

Email: hello@westkentmind.org.uk

01732 744950

Young Minds

Resource for young people and families to gain support

<https://youngminds.org.uk/>

Email: [ymenquiries@youngminds.org.uk](mailto:ymentquiries@youngminds.org.uk)

0808 802 5544 (9.30am-4pm Mon to Fri) Parents' helpline

Bereavement Support

Holding On, Letting Go

<http://holdingonlettinggo.org.uk/>

Email: info@holg.org.uk

03445611511

Winston's Wish

<https://www.winstonswish.org/>

Email: ask@winstonswish.org

08088 020 021

Apps to download

StayAlive

A suicide prevention resource to support young people keeping safe in a crisis. You can also use this if you are worried about someone else considering suicide

Calm Harm

Helping to resist the urge to self-harm

A year in pixels

A way to rate emotions and feelings on a daily, weekly or monthly basis