

Co-curricular Sports Activities Year 7-13 TERM 1 2019-20

Subject	Name of Club	Year Group	Day	Place	Time	Additional Information
PE	Netball KWA	10-13	Monday	Sports hall/courts	Lunchtime 12:40- 1:15pm Afterschool 4-5pm	A lunchtime club for all. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues. Afterschool training for invited players see Mrs Watts for details.
PE	Rugby JSI / BMA	10	Monday	3G / Field	Lunchtime 12:40-1:15pm	A lunchtime club for all. From this club a school team will be chosen to play in the local leagues.
PE	Rugby JSI	11-13	Monday	3G / Field	Afterschool 4-5pm	Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	2K Cross Country club SNO/ ECR / AMA	7-8	Monday	Field /Woods	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend. From this club the school team will be chosen. This is also a chance to compete against friends or just beat your own time over 2km
PE	Badminton APO	7-11	Monday	Sports hall	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend A chance to play the sport with friends.
PE	Netball LGR /KWA / AMA	8	Tuesday	Sports hall/courts	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A lunchtime club for all. Anyone is free to attend term 1. From this club a school squads will be chosen to play in the local leagues. Term 2 afterschool will be for squad players only.
PE	Rugby BMA	8	Tuesday	3G / Field	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A lunchtime club for all. Anyone is free to attend term 1. From this club a school squads will be chosen to play in the local leagues. Term 2 afterschool will be for squad players only.
PE	Football JSI /JBO	7	Tuesday	3G / Field	Lunchtime 12:40-1:15pm	A lunchtime club for all. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Football DFU	9	Tuesday	3G / Field	Lunchtime 12:40-1:15pm	A lunchtime club for all. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Golf SNO	All	Tuesday	Tonbridge driving range	3:45pm-5:45pm	This club is sign-up in advance due to limited places. There is also a charge for this activity. See Mr Northcote for details.
PE	Basketball SNO	7	Wednesday	Sports hall	Lunchtime 12:40-1:15pm	A lunchtime club for all. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.

PE	Rugby BMA /DFU	9	Wednesday	Field Change at gym	Lunchtime 12:40-1:15pm Afterschool 4-5pm	A lunchtime club for all. Anyone is free to attend term 1. From this club school squads will be chosen to play in the local leagues. Term 2 afterschool will be for squad players only. See Mr Martin for details
PE	Netball HSA/KWA	9	Wednesday	Outside courts/ playground	Lunchtime 12:40-1:15pm and Afterschool Till 5 pm	A lunchtime club for all. Anyone is free to attend term 1. From this club school squads will be chosen to play in the local leagues. Term 2 afterschool will be for squad players only. See Mrs Watts for details
PE	Trampoline Club SNO	7-13	Wednesday	Sports hall	Afterschool 4-5pm	A club for all. Anyone can attend. From this club the school team will be chosen. Places are limited See Mr Northcote to sign up. There will be a rota for this club details will be published in the PE department.
PE	Row fit JSI	7-13	Wednesday	Sports hall Fitness suite	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend. Come and compete in the school league. Or just row for fun. Weekly challenges and fitness training opportunities.
PE	Netball H SA/MBL / KWA/ AMA	7	Thursday	Sports hall/courts	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A lunchtime club for all. Anyone is free to attend term 1. From this club school squads will be chosen to play in the local leagues. Term 2 afterschool will be for squad players only. See Mrs Watts for details
PE	Football DFU	10	Thursday	Field Change at gym	Lunchtime 12:40-1:15pm	A lunchtime club for all. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Rugby BMA /SNO	7	Thursday	Field Change at gym	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A lunchtime club for all. Anyone is free to attend term 1. From this club school squads will be chosen to play in the local leagues. Term 2 afterschool will be for squad players only. See Mrs Watts for details
PE	2K Cross Country club JSI	9-10	Thursday	Field /Woods	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend. A chance to compete against friends or just beat your own time over 2km.
PE	Row Fit JBO	9-10	Thursday	Fitness Suite	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend. Come and compete in the school league. Or just row for fun. Weekly challenges and fitness training opportunities.
PE	Table Tennis JSI	All	Friday	Sports Hall	Before school 8 am-830am	A club for all. Anyone is free to attend. A chance to compete against friends or take part in a league.

PE	Basketball JSI	8-11	Friday	Sports hall	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend. From this club the school team will be chosen.
PE	Football EMC /JBO	7-8-9	Friday	3G / Field	Afterschool Till 5 pm	A club for boys. Free for year 7. Year 8 and 9 students need to pay a fee to attend. Sessions must be booked in advance. See Mr Bowles for details Afterschool sessions will be led by EMC football academy
PE	Football JBO	8	Friday	3G / Field	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend. From this club the school team will be chosen.
PE	Girls Rugby BMA	7-13	Friday	3G / Field	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A club for all. Anyone is free to attend. From this club the school team will be chosen. The club will be a mixture of contact and non-contact.
PE	Gymnastics H SA	11-13	Friday	Gymnasium	Lunchtime 12:40-1:15pm	A club for all. Anyone is free to attend. A chance to develop skills learnt in lessons and compose different routines.
PE	Girls Football JBO/CCO/MAR	7-13	Friday	3G	Afterschool Till 5 pm	A club for all. Anyone is free to attend.
PE	Hockey JSI	7-13	Friday	3G	Afterschool Till 5 pm	A club for all. Anyone is free to attend.