

Co-curricular Sports Activities Year 7-13 TERM 1 2018 -19

Subject	Name of Club	Year Group	Day	Place	Time	Additional Information
PE	Netball GSH/ KWA/ LGR	10-13	Monday	Sports hall/courts	Lunchtime 12:40-1:15pm Afterschool 4-5pm	A lunchtime club for all abilities and sizes. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues. Afterschool Training for the Netball squads and invited players see Mrs Watts for details.
PE	Football JBO	9	Monday	3G / Field	Lunchtime 12:40-1:15pm	A lunchtime club for all abilities and sizes. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Rugby JSI /TRE	10-13	Monday	3G / Field	Lunchtime 12:40-1:15pm	A lunchtime club for all abilities and sizes. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Basketball SNO	7-8	Monday	Sports hall	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. From this club the school team will be chosen.
PE	2K Cross Country club DFU	8	Monday	Field /Woods	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. From this club the school team will be chosen. A chance to compete against friends or just beat your own time over 2km
PE	Badminton GCSE DFU	10-11	Monday	Sports hall	Afterschool 4-5pm	A chance to develop the skills needed to attain a high grade in GCSE practical. A must for GCSE PE students
PE	Netball LGR/GSH /KWA	7	Tuesday	Sports hall/courts	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A lunchtime club for all abilities. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues. Afterschool training for invited players
PE	Rugby TRE /STS	7	Tuesday	3G / Field	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A lunchtime club for all abilities. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues. Afterschool training for invited players
PE	Football JSI	8	Tuesday	3G / Field	Lunchtime 12:40-1:15pm	A lunchtime club for all abilities. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	2K Cross Country club JBO	10	Monday	Field /Woods	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. A chance to compete against friends or just beat your own time over 2km
PE	PE GCSE Clinic GSH	10-13	Wednesday	SP2	Lunchtime 12:40-1:15pm	A chance to ask questions about GCSE topics and develop understanding on specific topics

PE	2K Cross Country club SNO	9	Wednesday	Field /Woods	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. A chance to compete against friends or just beat your own time over 2km
PE	Rugby TRE/DFU	8	Wednesday	Field Change at gym	Lunchtime 12:40-1:15pm Afterschool 4-5pm	Training for the rugby squads and invited players see Mr Singleton for details.
PE	Netball H SA/KWA	8	Wednesday	Outside courts/ playground	Lunchtime 12:40-1:15pm and Afterschool Till 5 pm	A club for all abilities and sizes. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Trampoline Club SNO	7-13	Wednesday	Sports hall	Afterschool 4-5pm	A club for all abilities and sizes. Anyone can attend. From this club the school team will be chosen. Places are limited See Mr Northcote to sign up. There will be a rota for this club details will be published in the PE department
PE	Indoor Rowing JSI	7-13	Wednesday	Sports hall Fitness suite	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. Come and compete in the school league. Or just row for fun.
PE	Badminton APO	7-9	Wednesday	Sports hall	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend A chance to play the sport with friends.
PE	GCSE Dance H SA	10-11	Wednesday	Gym	Lunchtime 12:40-1:15pm	A chance to develop the skills needed to attain a high grade in GCSE practical. A must for GCSE PE students
PE	Netball GSH/LGR/ KWA	9	Thursday	Sports hall/courts	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A club for all abilities and sizes. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Table tennis JSI	7-13	Thursday	Sports hall	Before school 8am till 8:30am	A club for all abilities and sizes. Anyone is free to attend. From this club the school team will be chosen.

PE	Football DFU	10	Thursday	Field <i>Change at gym</i>	Lunchtime 12:40-1:15pm	A lunchtime club for all abilities. Anyone is free to attend. From this club a school team will be chosen to play in the local leagues.
PE	Rugby TRE	9	Thursday	Field <i>Change at gym</i>	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	Training for the rugby squads and invited players see Mr Read for details
PE	2K Cross Country club JSI	7	Thursday	Field /Woods	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. A chance to compete against friends or just beat your own time over 2km.
PE	Gymnastics HSA	7-10	Thursday	Gym	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend.
PE	Basketball JSI	9-13	Friday	Sports hall	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. From this club the school team will be chosen.
PE	Football EMC /JBO /JSI/STS/ CCO	7	Friday	3G / Field	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A club for boys and girls all abilities and sizes. Anyone is free to attend. From this club the school team will be chosen. Afterschool sessions will be coaching sessions from EMC football academy
PE	Girls Rugby TRE / LDO	7-13	Friday	3G / Field	Lunchtime 12:40-1:15pm Afterschool Till 5 pm	A club for all abilities and sizes. Anyone is free to attend. From this club the school team will be chosen. The club will be a mixture of contact and non-contact.
PE	2K Cross Country club SNO	11-13	Friday	Field /Woods	Lunchtime 12:40-1:15pm	A club for all abilities and sizes. Anyone is free to attend. A chance to compete against friends or just beat your own time over 2km.