

Bennett Memorial Catering 2021

		Week 1	Week 2	Week 3
MONDAY	Main Meal Or Vegetarian Option Vegetable of the day Dessert of the day	Chicken & Noodle Stir Fry Cheese and Red Onion Potato Skin Served with Sautéed French beans & Carrot Strips Jaffa Cake Sponge	Chicken Tikka Masala with Rice, Raita and Naan bread Vegetable Burger in a Bun with Fresh Salsa and Potato Wedges Coleslaw or Roasted Cauliflower Lemon Drizzle Cake and Custard	Lamb Bolognese with Herby Spaghetti Mixed Bean Cassoulet with Crushed New potatoes Broccoli or mixed salad Pear & Sultana Crumble with Custard
TUESDAY	Main Meal Or Vegetarian Option Vegetable of the day Dessert of the day	Lamb Chilli Con Carne with 50/50 Rice Roasted Vegetable and Lentil Pasta Bake Broccoli or Mixed salad Gingerbread Cookie	Lamb Moussaka Vegetable Chilli with 50/50 Rice Sautéed Peppers and Spinach Mixed Salad Chocolate Cornflake Cake	Chicken Fajitas served with Cous Cous Macaroni Cheese and Leek Bake Stir Fried Vegetables Mincemeat Turnover
WEDNESDAY	Main Meal Or Vegetarian Option Vegetable of the day Dessert of the day	Roast Pork with Apple and Thyme Sauce Quorn Roast Crispy Roast Potatoes, Roasted Root Vegetables Toffee Apple Crumble and Custard	Roast Chicken with Sage and Onion Stuffing Cauliflower and Broccoli Cheese Bake Roasted Lemon and Thyme New Potatoes, Fresh Vegetable Medley Banoffee Pie	Honey Glazed Gammon Mediterranean Bean Pasty Garlic and Rosemary Roasties, Fresh Cauliflower and Broccoli Jam and Coconut Sponge and Custard
THURSDAY	Main Meal Or Vegetarian Option Vegetable of the day Dessert of the day	Chicken, Tomato and Basil Pasta Risotto Verde Homemade Garlic bread Sautéed Leek and Red Onion Lemon and Vanilla Cheesecake	Traditional Shepherd's Pie Vegetable and Apricot Tagine with Lemon Cous Cous Braised Red Cabbage or Roasted Vegetables Mixed Berry & Oat Crumble & Custard	Butchers Sausage with Red Onion Gravy with Mashed Potato Sweet Potato and Chickpea Curry served with Bulgar Wheat Braised Carrots and Courgette Raspberry & Shortbread Eton Mess
FRIDAY	Main Meal Or Vegetarian Option Vegetable of the day Dessert of the day	Battered Fish with Lemon Wedge and Herby Mayo Veggie Hot Dog Chips Baked Beans and Garden Peas Carrot Cake with Frosting	Homemade Fishcake with Lemon Tomato and Quorn Tortilla Cone Chips Coleslaw and Baked Beans Marmalade Muffin	Salmon Goujon Bap with Homemade Tartare Sauce Spicy Vegetable Frittata Chips Beans and Sweetcorn Yoghurt and Jam Scone

Bread and Fresh Salad bowl is available as an option every day with every meal. Fresh Fruit and Yoghurts available daily