

# Individual Healthcare Plan

For Students with a Medical Condition



Student's Name  
Year/Guild  
Date of Birth  
Students Primary Address  
  
Medical Diagnosis or Condition  
Known Allergies  
Date Healthcare Plan Completed

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## Family Contact Information

Name of Emergency Contact 1  
Contacts Phone Numbers  
Relationship to student

|                             |
|-----------------------------|
|                             |
| <i>Home:</i> <i>Mobile:</i> |
|                             |

Name of Emergency Contact 2  
Contacts Phone Numbers  
Relationship to student

|                             |
|-----------------------------|
|                             |
| <i>Home:</i> <i>Mobile:</i> |
|                             |

## G.P's Contact Details

GP Name  
Phone number  
Email Address  
First Line of Address

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## Health Professionals Contact Details

Name:  
Role:  
Phone Number:  
Email Address  
First Line of Address

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Additional Contacts Details:

**Condition Information** *Details of child's symptoms, triggers, signs, treatments etc*

**Condition 1:** \_\_\_\_\_  
\_\_\_\_\_

*Symptoms:* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Triggers/things that make it worse:*  
\_\_\_\_\_

*What action must be taken? Treatment, medication, therapeutic treatment, care and support:*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Condition 2:** \_\_\_\_\_  
\_\_\_\_\_

*Symptoms:* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Triggers/things that make it worse:*  
\_\_\_\_\_

*What action must be taken? Treatment, medication, therapeutic treatment, care and support:*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Care & Support**

Routine/Daily Medicine(s) at Home:

| <i>Name of Medicine:</i> | <i>Dose:</i> | <i>Time to be given:</i> |
|--------------------------|--------------|--------------------------|
|                          |              |                          |
|                          |              |                          |
|                          |              |                          |
|                          |              |                          |

Emergency Medications to be given at School: *what drug, when to give, dose & method of administration*

| <i>Name of Medicine:</i> | <i>Dose:</i> | <i>Time to be given:</i> | <i>Method:</i> |
|--------------------------|--------------|--------------------------|----------------|
|                          |              |                          |                |
|                          |              |                          |                |
|                          |              |                          |                |

Are there any physical restrictions caused by the medical condition(s)?  
*i.e physical activity/triggers in school*

Specific support or equipment required in school *(for medical, learning, emotional needs)*

Activities that require special precautions, management and risk assessment considerations

Arrangement for school trips/excursions

Additional information

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**This plan has been agreed by:**

*Staff Members:*

| Name: | Role: |
|-------|-------|
|       |       |
|       |       |

*Parent/Guardian:*

|               |                 |
|---------------|-----------------|
| Name:         | Signature:      |
| Relationship: | Contact number: |

*Student:*

|       |            |
|-------|------------|
| Name: | Signature: |
|-------|------------|